



ADDITIONAL AGENDA ITEMS

This is a supplement to the original agenda and includes reports that are additional to the original agenda.

NOTTINGHAM CITY COUNCIL **HEALTH AND WELLBEING BOARD**

Date: Wednesday 27 November 2019

Time: 1:30pm

Place: LB 31-32 - Loxley House, Station Street, Nottingham, NG2 3NG

Governance Officer: Adrian Mann **Direct Dial:** 0115 8764468

AGENDA

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Nottingham City Integrated Care Partnership Launch Event 7th November 2019

Overview

The Nottingham City Integrated Care Partnership (ICP) held a 'Launch' event on the afternoon of Thursday 7th November 2019 at Trent Vineyard in Nottingham. The event was run as a 'drop-in' session for the workforce from all the Nottingham City ICP partner organisations which included CityCare, Framework, Public Health, Nottingham City Council, Nottinghamshire Healthcare Trust, NUH, the Locality Team from City CCG, NCVS and many others. The organisation of the event was led by Caroline Brew, PCN Development Manager, City Locality, Lewis Etoria, Head of Communications & Engagement, Nottingham and Nottinghamshire ICS and Nottingham City General Practice Alliance (NCGPA).

Preparation

An invitation was sent to all staff across Nottingham City ICP inviting them to the event as well as inviting all partner organisations to have a stall at the event where they could showcase their services and discuss how they would work as part of the ICP. The stalls were in three Zones; ICP Zone, Wellbeing Zone and Market Place. On the day there were 39 stalls in total from a wide range of partners as follows:

ICP Zone

- What is an ICP?
- What is a Primary Care Network (PCN)?
- The Long Term Plan
- Housing to Health
- Significant Seven

Wellbeing Zone

- Flu Vaccinations
- Alcohol Brief Intervention – Framework
- Healthchecks – NCGPA
- Nottingham Forest in the Community
- Sport and Leisure – Nottingham City Council

Market Place

- Nottingham Wellbeing Hub – Wellness in Mind and Opportunity Nottingham
- NCVS
- Hospital Homeless Discharge – Framework
- NCGPA – Stub It and Signposting to Health

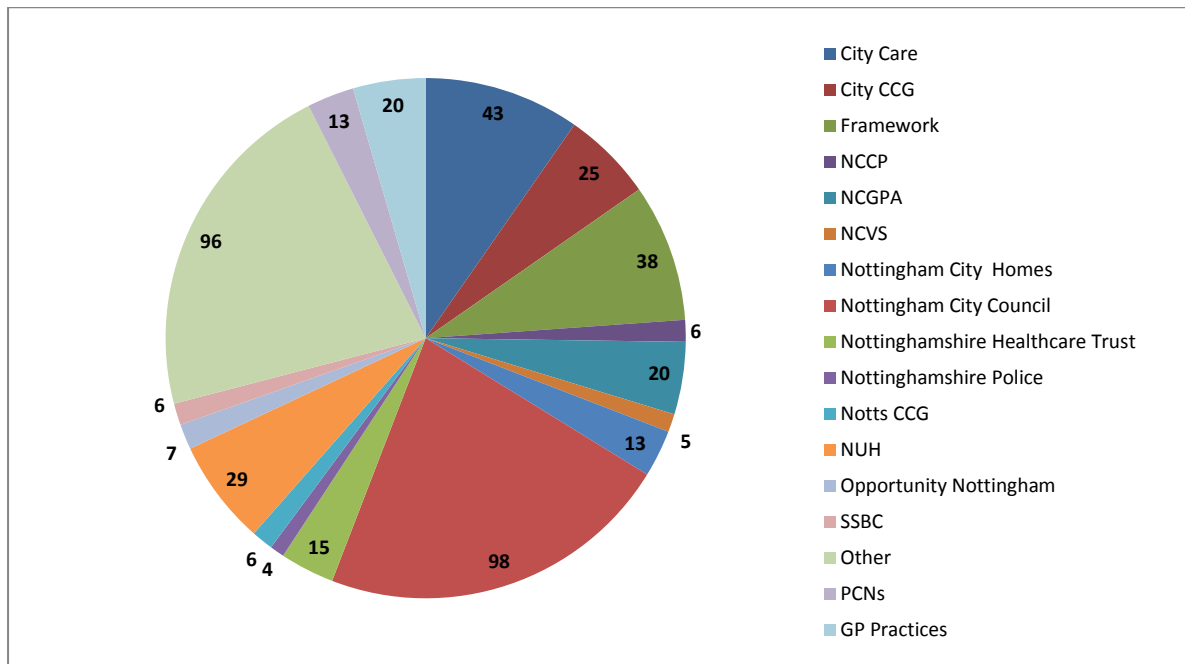
- NCGPA and GP+
- Nottingham City Homes
- Nottingham on Call
- NEMS Community Benefit Services
- Fraud & Cyber Protect Officers – Nottinghamshire Police
- Nottinghamshire Local Pharmaceutical Committee (LPC)
- Healthwatch
- East Midlands Academic Health Science Network (EMAHSN)
- Small Steps Big Changes (SSBC)
- NUH Patient Rep Team
- NUH – Research and Innovation
- NUH – Nursing and Midwifery
- NUH – Smokefree
- Metropolitan Thames Valley Housing
- CityCare
- Health Visiting
- Nottinghamshire Healthcare Trust
- Nottingham City Council – Adult Social Care, Commissioning, Communities Together
- ASKLiON
- Public Health and Public Health England
- Framework
- POHWER Advocacy
- Family Mentor Service
- Mental Health Triage Team
- CT Prevent Team
- Phoenix Programme – Nottinghamshire LMC

On the day

As the day was advertised as a drop in event the expectation was that staff would try to come along as and when it would fit into their working day. The event was running from 1.30pm to 7pm giving a large amount of time for people to attend. From the start there was a continuous stream of people coming through the door. 441 people signed in throughout the afternoon. It is believed that at least 10% of those attending missed the sign in desk so a reasonable estimate is that there were at least 500 people attending the event throughout the day.

Up to 90 flu jabs were delivered to the staff attending from all organisations. Framework undertook a number of alcohol brief interventions at the event as well as some full interventions. An update on the exact number will be provided at a later date. NCGPA undertook health checks on a number of people which included taking their height and weight to calculate their BMI, as well as taking their blood pressure and providing results to take to their GP if necessary.

At least 67 different organisations were represented across the City from all the health and care sectors. The pie chart below gives an overview of the organisations who attended the event. A breakdown of the organisations included in “other” can be found in Appendix 1.



Feedback

Everyone attending was asked to give feedback on the event, either by completing a form or by video, with a video booth set up and run by NCGPA. The members of staff who were videoed were asked three questions and some of the responses are below:

What do you think of today's event?

- What a great event.
- Really great, it is bringing all the partners together. Lots of interaction and a great buzz in the room.
- Very good. I learned a lot about services and got my blood pressure checked.
- It was really good to see lots of people from lots of organisations.
- The room is buzzing, what a great opportunity to come and interact with friends and colleagues, those people who are going to be improving patient health outcomes for a number of years.
- The event is really vibrant and energised.
- Fantastic. We have managed to get all system partners together in one room, where they can collaborate and network and get a large number of the workforce together from across all sectors to learn more about each other.
- Incredibly exciting. It is fantastic to see the partners from all across health and social care, and wider sectors too, come together and talk the health of the population and people of Nottingham.
- I think today's event is a real success in bringing lots of organisations together.
- Today's event is amazing. It's the city coming back together again. It's been great to network and see individuals who really make a difference in Nottingham City.
- Today's event has been really informative. It is exciting everyone seems so positive about the future.

If you could summarise the ICP in one word what would it be?

- Exciting
- Valuable
- Collaborative
- Diversity
- Collective
- Collaboration
- Innovation
- Co-production
- Connected
- Partnership
- Boundaries (and forgetting them)
- Networking
- Relationships
- Coming together
- Integrated
- Supportive
- Community/family

What does the future of health and social care in Nottingham City look like?

- Good. The future of health and social care is good. We have got to work really hard together to get the gains we need to help the public and our patients.
- The future of health in Nottingham looks bright.
- The future of health looks like lots of organisations and people working collectively to ensure that the support we offer to be people is united and combined.
- People have more than one need, agencies working together make sure people get a better service.
- The future of health and social care for residents in Nottingham City looks bright. There are people who want to give a joined-up approach to health and care. We need to remember this is a marathon, not a sprint, we are going to get there. We all need to work together.
- The future looks good. We have an NHS system that is second-to-none. We focus too much on the negative.
- The future looks positive. Let's make it work this time. Together.
- If we can crystallise the energy in the room today the future of health and social care in Nottingham looks fantastic.
- It looks like us all working together as if we are one organisation. Putting the interest of our citizens at the heart of everything.
- The future looks amazing. Working together to achieve really good patient care. Its breaking down barriers and creating new partnerships for the population of Nottingham City
- The future looks exciting. It's a really good place to be.

From the written feedback 60% rated the overall event as very good and 36% rated it as good. 92% said that as a result of the event they felt more informed, involved and encouraged to work as part of the Nottingham City ICP. Some of the comments made are below:

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Caroline Brew

PCN Development Manager, City Locality

11th November 2019

Appendix 1

“Other” organisations who were represented at the Nottingham City ICP Launch event:

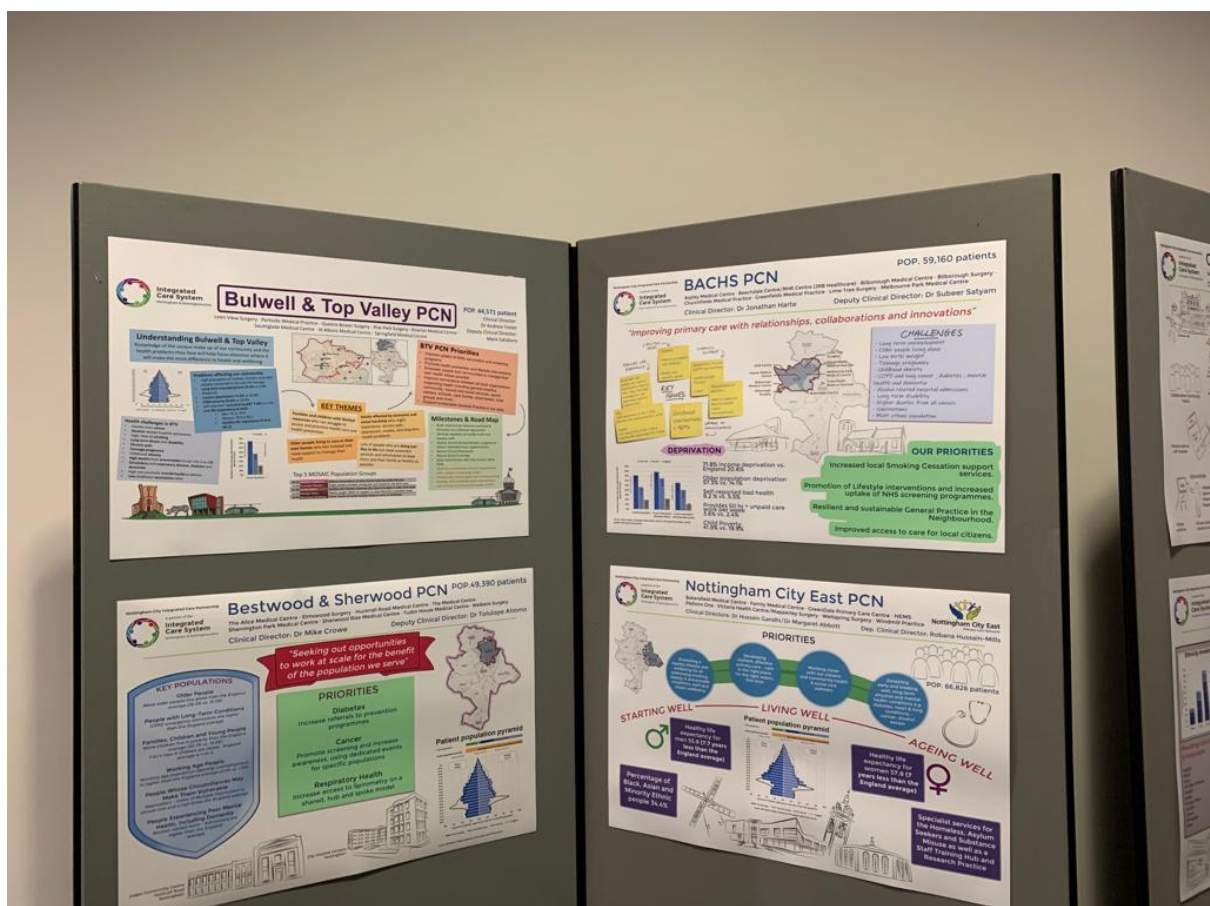
- ACETS
- East Midlands Academic Health Science Network
- Autistic Nottingham
- Carers Roadshow
- CTEM
- Dementia UK
- DMWS
- DWP
- First Steps ED
- Community Health Office
- Healthwatch
- Good Companions
- Improving Lives
- Mid Nottinghamshire ICP
- Nottingham Forest in the Community
- Nottingham on Call
- Nottinghamshire Police
- Nottinghamshire Training Hub Alliance
- Nottinghamshire ICS
- Nottinghamshire LPC
- Nottinghamshire LMC
- Metropolitan Thames Valley Housing

Appendix 2

Photos of the day







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Statutory Officer's Report for the Nottingham City Health and Wellbeing Board – November 2019

Director of Public Health

1. Alcohol Awareness Week

Alcohol Awareness Week took place from 11-17 November 2019 on the theme of 'Alcohol and me'. Nottingham marked the week with an alcohol awareness event on Wednesday 13 November. The aims of the event were to encourage citizens to think about drinking, find out more about alcohol consumption and have conversations with a trained professional to help better understand the impact of alcohol on their health and wellbeing. The event, held at Bulwell Riverside joint service centre, featured stalls run by Nottingham University Hospitals NHS Trust (NUH), Nottingham Recovery Network and Alcoholics Anonymous. Citizens also had the opportunity for a free fibroscan, courtesy of NUH colleagues. 32 citizens took the opportunity to have their liver scanned, 8 of whom will go on to have further investigative work as a result. This was a great event, attracting positive media and good local feedback. It was a success due to the combined efforts of a range of local health and care organisations. My thanks to everyone involved.

2. Michael Varnam Awards 2019

It was wonderful to have the opportunity to spend the afternoon recognising and celebrating contributions made by individuals and groups to improving health and wellbeing in Nottingham City. I would like to thank all those nominated for their hard work and dedication, with special mention for the winners and highly commended runners-up in each category.

Individual winners

- Aleks Jackowska – Winner – Aleks has volunteered with the Jigsaw Youth Club for 20 years, helping to provide activities for young people with a high functioning Autism Spectrum condition.
- Valentine Nkoyo – Highly Commended – Valentine, founded Mojatu, and has worked tirelessly to raise awareness of Female Genital Mutilation (FGM) so that survivors can receive the right support & new cases can be prevented.
- Louise Wilkins – Highly Commended – Louise makes an important contribution to Nottingham's drug & alcohol services, supporting some of the most vulnerable in our city.

Group winners

- Cafe Sobar – Winner – Café Sobar is a social enterprise and successful cafe run by Double Impact, providing people with the opportunity to volunteer, receive training and enter employment which are crucial steps in individual's recovery from alcohol addiction.
- Imara – Highly Commended – Imara supports children, teenagers, and families in Nottingham following a disclosure or discovery of child sexual abuse.
- Nyasa Daughters – Highly Commended – Nyasa Daughters is a local community group ran by women from Malawi, providing a range of help for disadvantaged and vulnerable individuals in their local area.

3. Nottingham City Council Plan 2019-2023

Full Council signed off a new Council Plan 2019-23 at their November meeting. The plan sets out an ambitious vision for Nottingham, with health and wellbeing at its heart. There is a total of 185 pledges, many of which will contribute to improved health and wellbeing by addressing the social determinants of health including, physical activity, smoking in pregnancy, alcohol harm, dental health, breast feeding, child obesity and more. Delivering on these pledges will make a substantial difference to the health and wellbeing of Nottingham citizens but we cannot do it alone. The plan makes a commitment that the Council will work in partnership with local organisations and communities. Please take the time to read through the plan and let me know how you can contribute: <https://www.nottinghamcity.gov.uk/media/2215620/nccplan19-web.pdf>

4. Have you had your flu jab?

Flu is a highly infectious disease which sees thousands of people in hospital each year. We are all at risk of getting flu, and we can unknowingly pass it on to other more vulnerable people.

You can attend your GP practice or local pharmacy for a free jab if you are:

- living with a long term health condition
- pregnant
- aged 65 years and over
- a carer
- aged 2 or 3 years old

The school aged immunisation team will also be visiting all primary schools to vaccinate pupils in every year (Reception to Year 6).

We are asking all Health and Wellbeing Board member organisations to do what they can to support efforts to increase rates of vaccination uptake in Nottingham this winter. You could start by sharing this Childhood Flu vaccination video on your social media accounts -

<https://sharegoodtimesnotflu.co.uk/>.

5. Local Authority Health Profile 2019

Public Health England have published updated health profiles for all upper tier/unitary councils in the country. The profile ([available here](#)) gives a picture of people's health in Nottingham and is designed to act as a 'conversation starter'. The profile highlights some of the challenges we know we face in Nottingham, where there is still much for us to do.

The profile also highlights the levels of deprivation in Nottingham, with Nottingham identified as one of the 20% most deprived districts/unitary authorities in England. 29.5% (17,555) of children live in local income families. Comprehensive summaries of the most recent indices of deprivation (published September 2019) are available on [Nottingham Insight](#).